

## Wellfleet Programs *continued*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>WALK: NATURE'S DIVERSITY</b> <b>10 AM</b> 1½ hours, 1½ miles. Free.			●				
Examine plant communities, from heathlands to cedar swamps, while descending from ocean bluff to water-table. Meet at the Marconi Station Site observation deck, off Route 6. Mosquitos can be abundant. Insect repellent suggested. <i>Through June 14th only.</i>				●			
<b>WALK: THE LEGEND OF THE PIRATE SHIP WHYDAH</b> <b>1:30 PM</b> 2 hours, 1 mile. Free.							
Explore the history and legend of the infamous pirate ship and her captain, Black Sam Bellamy. Meet at the Marconi Beach bathhouse. <i>Through June 15th only.</i>							

## Truro Programs

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>HIKE: PILGRIM LAKE DUNES</b> <b>10 AM</b> 2 hours, 2 miles in soft sand. Free.		●					
Explore some of the biggest dunes on the Cape, and learn how they formed and have changed over time. Meet at the dirt parking area at the end of High Head Road, off Route 6, North Truro. <i>Through June 13th only.</i>							

## Provincetown Programs

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>WALK: PROVINCE LANDS DUNES AND BOGS</b> <b>10AM</b> 1 hour, 1 mile in loose sand.	●						
Explore an enchanting dune landscape of unusual plants and wild cranberry bogs, and discover the hidden story of America's oldest public lands. Meet at the Province Lands Visitor Center. <i>Through June 11th only.</i>		●					
<b>OPEN HOUSE: OLD HARBOR LIFE-SAVING STATION</b> <b>1:30 to 4 PM.</b> Free.			●				
Visit this 1898 life-saving station to see lifesaving equipment and learn about ship-wreck rescues in the early to mid 1900s. Park at Race Point Beach. <i>Through June 13th only.</i>				●			
<b>SLIDE SHOW: PIPING PLOVERS</b> <b>3 PM</b> 1 hour. Free.							
Discover the fascinating story of one of the park's most inconspicuous shorebirds. Meet at the Province Lands Visitor Center auditorium. <i>Through June 14th only.</i>				●*			
<b>WALK: TIDAL FLATS</b> <b>3 PM</b> 1½ hours, ½ mile. Free.							
Explore the abundance and diversity of life in an intertidal zone. Wear footwear that can get wet while wading. <b>By reservation only. Call the Province Lands Visitor Center at (508) 487-1256.</b> * One time program June 22nd only.					●		
<b>BIKE TOUR: PROVINCE LANDS</b> <b>9 AM</b> 2 hours, 5 to 7 miles on paved surface. Free.							
Pedal through the Province Lands out to the "Great Beach." At stops along the way, a ranger will tell the stories behind the scenery. Route includes strenuous hills, narrow trails, and sharp turns. This program is not recommended for beginners. <b>By reservation only. Call the Province Lands Visitor Center at (508) 487-1256.</b> <i>Through June 17th only.</i>						●	
<b>SLIDE SHOW: SALT MARSHES AND SEA LEVEL</b> <b>2 PM</b> 1 hour. Free.							
Learn about one of Cape Cod's most productive habitats. Meet at the Province Lands Visitor Center auditorium. <i>Through June 17th only.</i>						●	

## Cape Cod National Seashore

National Park Service  
U.S. Department of the Interior



National Seashore  
Massachusetts



Ranger-Guided Activities  
May 27 through June 30, 2006

### SALT POND VISITOR CENTER

OPEN DAILY 9 TO 4:30 THROUGH MAY 26TH.

9 TO 5 FROM MAY 27TH.

OFF ROUTE 6, EASTHAM. (508) 255 - 3421

This extensively-rehabilitated visitor center offers magnificent views of Salt Pond, Nauset Marsh, and the Atlantic beyond; an outstanding museum; and hourly films in the remodeled theater with a new, digital audio-visual system. Staff are on duty to help with trip planning, and there is a well-stocked store offering books, maps, puzzles, games and other interpretive items for sale. A new restroom facility is available in the parking area. The Nauset Marsh and Buttonbush trails, and the Nauset Bicycle Trail are located nearby.

### PROVINCE LANDS VISITOR CENTER

OPEN DAILY THROUGH OCTOBER 31ST, 9 TO 5.

OFF RACE POINT ROAD, PROVINCETOWN.

(508) 487 - 1256

Just two miles from the tip of the Cape, this center features an observation deck with 360-degree views, a small exhibit area, showings of park orientation films on the hour (9-4), staff on duty to assist with trip planning, and sales of books, maps, puzzles, games and other interpretive items. Restrooms are available in the parking area. The Province Lands Bicycle Trail and Race Point Beach are nearby.



Funds for this publication provided by Eastern National, quality education products and service to America's national parks & public trusts.

## Seashore Science

Discover the fascinating research and science taking place at Cape Cod National Seashore by attending one of these free programs led by park scientists and guest speakers.

**A BATTLE OF UNDERWATER CURRENTS** - New data is emerging from research off the seashore's ocean beaches that explores coastal currents, their density, salinity, and how they interface. Join Woods Hole Oceanographic Institution scientists, Dr. Glen Gawarkiewicz and Dr. Andrey Shcherbina for this fresh look at coastal currents. ♿

**Wednesday, June 7th, 3 PM, 1 hour, at Salt Pond Visitor Center auditorium, Eastham.**

**USING TOPO MAPS, GPS AND GIS COMPUTER MAPPING** - Join park scientist Mark Adams and learn how the National Park Service uses GPS and GIS to map plants, animals, historical sites, dune movement, and other secrets of the Province Lands. Bring your GPS unit, if you have one, and a copy of a USGS quad map. Some GPS units will be provided for the first 8 participants. Topo maps are available at visitor centers and local retailers. Topics include map reading, coordinate systems, navigation to waypoints, and marking GPS locations. *Short walk in soft sand will take place in any weather short of a driving rain or hurricane.*

**Thursday, June 15th, 10 AM, up to 2 hours. Meet on the roof deck of the Province Lands Visitor Center, Provincetown.**

**"FROGGIE WENT A-COURTIN": THE USE OF BREEDING CALLS TO INVENTORY AND MONITOR FROGS AND TOADS** - Join park wildlife biologist Bob Cook and learn how night time surveys for calling frogs and toads are used to document the eight different species that live here, and to monitor their occurrence and abundance. *Moderate walking. Dress for evening temperatures, and be prepared for biting insects (long sleeves recommended).*

**Thursday, June 22nd, 8:30 PM, 2 hours, meet at Salt Pond Visitor Center, Eastham.**  
**Thursday, June 29th, 8:30 PM, 2 hours, meet at Beech Forest parking area, Provincetown.**

**THE HERRING RIVER SALT-MARSH RESTORATION PROJECT** - Join park ecologist John Portnoy as he explains the rationale for, and the status of, an ongoing multi-agency effort to restore the tides and salt-marsh plants and animals to a 1000-acre estuarine ecosystem altered by diking for the past 100 years. Restoration of Wellfleet's Herring River will be the largest wetland restoration project ever undertaken in New England. *Short walk.*

**Friday, June 30th, 9 AM, up to 1½ hours. Meet at Great Island parking area, Wellfleet.**

## Eastham Programs

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>WALK: ARCHEOLOGY IN EASTHAM</b> <b>10 AM</b> Program distance varies, 1½ hours. Free.	Learn about the process of archeology, and the various discoveries archeology has uncovered within the park. <b>Coast Guard Beach</b> - May 28th, 1 mile. Meet at Coast Guard Beach parking area. <b>Fort Hill</b> - June 4th, 1½ miles. Meet at Hemenway town landing (one road north of Fort Hill, off Route 6). <i>Occurs on listed dates only.</i>	●						
<b>TALK: NATURE'S CLASSROOM</b> <b>1 PM</b> 30 minutes. Free.  	Join a ranger on the terrace, or in the classroom at the Salt Pond Visitor Center to explore some aspect of the park's natural or cultural history. <i>Through June 11th only.</i>	●						
<b>WALK: LORE OF NAUSET MARSH</b> <b>2 PM</b> 1½ hours, 1½ miles. Free.	Learn about the rich natural and human history around Nauset Marsh and how each has affected the other over time. Meet on the terrace at the Salt Pond Visitor Center.	●						
<b>LIGHTHOUSE TOUR: THREE SISTERS</b> <b>3 PM</b> 1 hour, ½ mile. Free. 	These 19th-century lighthouses once provided a beacon for sailors off the shore of Nauset Light Beach. Come and learn of their history and importance. Meet at Nauset Light Beach. <i>\$15 beach fee applies on Sundays.</i>	●	●					
<b>WALK: CULTURAL ENCOUNTERS</b> <b>10:30 AM</b> 1½ hours, 1½ miles. Free.	400 years ago, French explorer Samuel de Champlain entered Nauset Marsh, and visited with the Nauset people. Examine these different cultures, and the events that played out as a result of these encounters. Meet at Hemenway town landing (one road north of Fort Hill, off Route 6). <i>No program June 26th.</i>		●					
<b>CAPTAIN EDWARD PENNIMAN HOUSE</b> <b>T = Tour, 11 AM</b> 1 hour. <b>OH = Open House, 1 to 4 PM.</b> Free.	Explore the interior of this historic home at Fort Hill. Learn about this whaling captain and his well-traveled family. <b>OPEN HOUSE</b> , browse through. <b>TOUR</b> , <b>BY RESERVATION ONLY. CALL SALT POND AT (508) 255 - 3421.</b>		T	OH	OH	OH		T
<b>HIKE: EXPLORE YOUR PARK</b> <b>9 AM</b> 3 hours, 3 miles. Free.	Explore the writings and philosophy of Henry David Thoreau, and hike through the areas he traversed on his mid-19th century excursions. <b>BY RESERVATION ONLY. CALL THE SALT POND VISITOR CENTER AT (508) 255 - 3421, EXT 0.</b> Meet at Doane Picnic Area, Eastham. Comfortable walking shoes. Water, sunscreen and bug spray are suggested. <i>* One time program June 6th only.</i>			●*				
<b>CANOE TRIP: NAUSET MARSH</b> <b>9:30 AM</b> 2½ hours, 2 to 3 miles. Fee required.	Venture onto the water of Nauset Marsh and discover its abundance of life. Meet at Salt Pond Visitor Center Amphitheater. <i>Through June 15th only.</i> <b>CANOE EXPERIENCE IS MANDATORY, DUE TO CURRENTS AND WINDS. ALL EQUIPMENT PROVIDED. ADULT \$20, CHILD \$12. TICKETS MAY BE PURCHASED UP TO 7 DAYS IN ADVANCE EITHER IN PERSON OR BY PHONE WITH A CREDIT CARD. CALL SALT POND AT (508) 255 - 3421 FOR RESERVATIONS.</b>				●			
<b>WALK: CHRONICLES FROM A CAPE CODDER</b> <b>1 PM</b> 1 hour, 1 mile. Free.	Join ranger Dana Eldridge as he examines a changing Cape Cod that somehow has managed to retain its identity. Meet at the terrace of the Salt Pond Visitor Center for a talk and walk along the edge of Salt Pond. <i>No program June 30th.</i>					●		
<b>WALK: LIFE ON THE EDGE</b> <b>3 PM</b> 1 hour, 1 mile. Free.	Witness the effects and discuss the issues associated with an ever-changing shoreline. Explore the beach below the bluff. Meet at Nauset Light Beach parking area. <i>\$15 beach entrance fee applies June 30th.</i>					●		

## Eastham Programs *continued*

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SURFCASTING LESSON</b> <b>7:30 AM</b> 1½ hours. Fee required.	Learn the basics of saltwater fishing and practice the skill, but don't expect to bring home supper! Meet at the Coast Guard Station, Coast Guard Beach. <b>ALL EQUIPMENT PROVIDED. \$15 PER PERSON. BY RESERVATION ONLY. TICKETS MAY BE PURCHASED UP TO 7 DAYS IN ADVANCE EITHER IN PERSON OR BY PHONE WITH A CREDIT CARD. CALL SALT POND AT (508) 255 - 3421 FOR RESERVATIONS.</b>						●	
<b>FAMILY PROGRAM: FISH, SNAILS, AND HORSESHOE CRAB TALES</b> <b>10:30 AM</b> 1 hour, ½ mile. Free.	 Explore the undersea world of a salt marsh through the use of seine and dip nets, and learn about the many interesting plants and animals that live there. Wading is encouraged, and shoes are required. Meet at the terrace of the Salt Pond Visitor Center. <b>BY RESERVATION ONLY. CALL THE SALT POND VISITOR CENTER AT (508) 255 - 3421. CHECK-IN BY 10:15 AM.</b>						●	
<b>TALK: THE SCOOP ON SEALS</b> <b>2 PM</b> 45 minutes. Free.  	People and seals love to play in the water, but did you ever wonder how seals keep the water from going up their noses? Seals are more different than us than you might realize! Meet at the Salt Pond Visitor Center.						●	

  

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>WALK: ARCHEOLOGY IN WELLFLEET</b> <b>9:30 AM</b> 2½ hours, 2½ miles. Free.	Learn about the process of archeology, and the various discoveries archeology has uncovered within Cape Cod National Seashore. Meet at Great Island parking area. <i>* One time program June 11th only.</i>	●*						
<b>WALK: WHERE THE SPARK OF MAGIC HAPPENED</b> <b>2:30 PM</b> 30 minutes, ¼ mile. Free.	 Explore the actual site where Guglielmo Marconi triumphed in 1903, when he transmitted the first official wireless message across the ocean. Learn about the site, and the significant events that occurred there. Meet in the parking area of the Marconi Station Site. <i>No program June 26th.</i>		●					
<b>HIKE: EXPLORE YOUR PARK</b> <b>9 AM</b> 3 hours, 3 miles. Free.	Join an experienced park ranger to explore the beauty and variety of out-of-the-way park destinations. <b>Great Island</b> - May 30th, meet at Great Island parking area. Wear sturdy footwear. <b>Marconi Area</b> - June 13th, meet at Marconi Beach parking area. Wear comfortable walking shoes. <b>BY RESERVATION ONLY. CALL THE SALT POND VISITOR CENTER AT (508) 255 - 3421, EXT 0.</b> Water, sunscreen, and insect repellent are suggested. <i>Occurs on listed dates only.</i>			●				
<b>WALK: SHORELINE STROLL</b> <b>1:30 PM</b> 1 hour, 1 mile. Free.	Walk through the diverse habitats and explore natural processes of the Great Island land bridge known as "the gut." Discover how wildlife has adapted to this area. Meet at Great Island parking area. <i>Through June 13th only.</i>			●				
<b>ATWOOD-HIGGINS HOUSE</b> <b>11 AM, TOUR = T</b> <b>1 to 4 PM, OPEN HOUSE = OH</b> 	Learn about 18th-century architecture, and about one of the early colonial settlement sites on the Outer Cape. <b>TOUR BY RESERVATION ONLY. CALL SALT POND AT (508) 255 - 3421.</b> <i>Directions:</i> From Eastham, Route 6 north. Left onto Pamet Point Road, the last road before crossing the Truro line.				T	OH		